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## **Recession help for the Retired.**

So much of the media has been concentrated on how the recession is affecting the young and those seeking work but what about those of us that are pensioners over 60 and struggling to cope with the recession?

The government has now addressed this gap and produced a booklet giving information and practical advice on:

- pensions,
- benefits,
- help with fuel bills,
- money and debt problems,
- employment and education matters.

So if you are over 60 and could use some advice on dealing with the recession, check out the 40-page booklet at [www.realhelpnow.gov.uk](http://www.realhelpnow.gov.uk)