

the charity for  
your community



## **Healthy Start scheme**

The Healthy Start Scheme provides vouchers to pregnant mothers and families with young children which can be exchanged for liquid or formula milk, fresh fruit or vegetables. From 6 April, the value of the vouchers increases from £2.80 to £3.00 a week. The annual income threshold for child tax credit claimants below which a household is entitled to vouchers also increases from £14,495 to £15,575.

One further change to the rules is that some households receiving working tax credit as well as child tax credit may be entitled to vouchers under the scheme. This will only be where a member of the household has stopped work or reduced working hours to less than 16 hours a week within the previous four weeks.