

the charity for
your community



Advice agencies urge people to seek help before the molehill becomes a mountain

During Advice Week 2009 (12-18th October) a consortium of advice agencies is highlighting the real difference that getting help with a problem can make, especially if it's tackled early on.

Advice UK, Age Concern and Help the Aged, Citizens Advice, the Law Centres Federation and Youth Access have all seen an increase in enquiries as a result of the recession, particularly in the fields of Debt, Employment, Housing, Benefits entitlements and Fuel Poverty.

David Harker, Chief Executive of Citizens Advice said: "Many people are often surprised at the level of help they can get for free from our impartial agencies and the earlier on an issue is identified, the easier it is to resolve. Even people at crisis point – for example people facing a court hearing for repossession of their home – can find their situation swiftly improved if they seek advice."

Sevenoaks and Swanley bureaux are normally able to offer an appointment within 3 days - or you can telephone, email or just drop in.